

TILAK MAHARASHTRA VIDHYAPEETH

Jayantrao Tilak College of Physiotherapy
&

Indutai Tilak College of Physiotherapy

NAME OF THE EVENT- Health Checkup camp At Tilak Maharashtra Vidhyapeeth College of Physiotherapy.

DATE & DURATION OF THE EVENT – 21st & 22nd December 2023, Timings from 10.30am to 4.30pm

NAME OF THE PARTICIPATING FACULTY MEMBERS

Dr. Rima Musale	Dr. Gaurai Gharote
Dr. Prachi Patel	Dr. Smita Shinde
Dr. Bhumika Tiku	Dr. Ankita Dabshede
Dr. Aishwarya Kanhere	Dr. Bhayashree Sonawadekar
Dr. Vaibhavi Khatavkar	Dr. Neerja Deshmukh
Dr. Shikha Paasi	Dr. Manali Kulkarni
Dr. Srushti Laya Sthapak	Dr. Yogesh Patil

PARTICIPATING STUDENTS AT THE EVENT- 2nd & 3rd BPTH, Interns, PG students

As per the directives of Hon'ble VC Madam and as a part of IQAC we had organized Health Checkup activity at Tilak Maharashtra Vidhyapeeth College of Physiotherapy, Pune. Health Checkup activity was conducted for the Teaching and Non- Teaching Staffs of Tilak Maharashtra Vidhyapeeth for 2 days. There were 6 stations present at the venue which evaluated their Basic demographic Data, Body Mass Index, Flexibility (Upper and Lower Limb), Endurance (Upper and Lower Limb), Cardiovascular Endurance, and Balance for females and Males separately. There was a special station for females evaluating the Presence or Absence of Urinary Incontinence through QUID. The main aim to conduct this camp was to evaluate the fitness of the staff in their profession and Consult and treat them

accordingly for the same. The total of 51 subjects (31 females and 20 Males) were evaluated and treated on both days.

Overall the Health Checkup Camp was successful. It was well organized and appreciated by all the participants in Tilak Maharashtra Vidhyapeeth.

Photos of the Health checkup Activity





